

**Fletcher Elementary School  
Continuity Plan and Family Learning Menu**

<b>Teacher</b>	<b>Suggested Continued Learning Ideas Wednesday, March 18 - Friday, March 20 and Beyond!</b>
<p><b>Ms. Jackson Preschool</b></p>	<ul style="list-style-type: none"> <li>● Read a few books with your child each day. Talk together about the book.</li> <li>● Provide an opportunity for your child to draw every day. For children in their first year of preschool, let it be very open-ended and free, allowing for practice of fine motor skills. For children who are moving on to Kindergarten next year, give them one specific drawing/writing prompt each day (“draw your family, draw yourself, draw something that flies, draw something that is blue...etc.”) Have your child dictate in words to you about their drawing, then you write it for them. Have them write their name.</li> <li>● Practice counting out loud with your child. For our younger learners, we are working on counting out loud to 10, for our older learners we have been practicing counting to 20 and higher, if they want. Practice counting objects, anything that is in your house. We practice counting in play settings such as counting rocks, steps, chairs, etc. Counting one to one with objects (up to 5 or up to 10 depending on the child’s age and interest).</li> </ul>
<p><b>Ms. O’Brien Kindergarten</b></p>	<ul style="list-style-type: none"> <li>● Read a good book together and practice retelling the story. Who are the main characters? Where did the story take place (setting)? What was the problem (conflict)? How was it solved? What connections do you have with the characters? How is the character like you or different from you? Remember to tell the details!</li> <li>● Continue to read books that have been sent home that are “just right books”. These are books that you can read fluently or with very little help.</li> <li>● If you invented a machine to melt snow, what would it be? Draw a picture and write a few words to describe your invention. What does it look like? How does it work?</li> <li>● Play a math game! Lots of games include counting skills. Card games like Go Fish help students practice number recognition, identifying numbers that are the same and different, and counting. Make it fun!</li> </ul>

	<ul style="list-style-type: none"> <li>• Another math game suggestion is to flip up 2 cards and add or subtract the numbers. Decide if the person with the highest or lowest number gets to keep the cards.</li> <li>• This is a fun online game that includes identifying and sorting coins: <a href="https://www.abcya.com/games/break_the_bank_sorting">https://www.abcya.com/games/break_the_bank_sorting</a> Play it together as a family! This website also has many Literacy, Math and Science games to play.</li> <li>• Mystery Science (mysteryscience.com) this is a great website with engaging science activities that we use in class. <a href="#">Who invented pizza?</a> <a href="#">Can animals laugh?</a> <a href="#">What's the biggest tree in the world?</a> <a href="#">Why do we get hiccups?</a> <a href="#">How do germs get inside your body?</a> <a href="#">How does hand sanitizer kill germs?</a></li> </ul>
<p><b>Mrs. Hurt</b> <b>Grades 1/2</b></p>	<ul style="list-style-type: none"> <li>• Create invitations to enjoy reading every day: gather a collection of books, suggest cozy reading spots, try partner reading ( such as “you read a page, I’ll read a page”), offer sticky notes to jot down questions your child wonders about while reading.</li> <li>• Offer “Writing Prompts” to increase interest in putting pencil to paper: 1) If I had superpowers... 2) If I were a teacher for a day I would... 3) Invent a new food and write about it (Other story ideas?)</li> <li>• Play games that practice Math skills: Dominoes, Chutes and Ladders, Mancala, Connect Four, Yahtzee, Dice and Card games.</li> <li>• Greg Tang Math- This site offers a variety of engaging online Math games for all grade levels. Try this one: “How Much, How Many?” <a href="https://www.gregtangmath.com/howmany">https://www.gregtangmath.com/howmany</a></li> </ul>
<p><b>Ms. Pellegrino</b> <b>Grades 1/2</b></p>	<ul style="list-style-type: none"> <li>• Read a book with an adult. This can be on EPIC!, Raz Kids, or a hard copy you have. This is a good time to pick one that might have some tricky words so that your adult can help you with them. Make sure you’re listening really well and retell the story in your own words when you’re finished reading. Draw a picture of your favorite part of the book and identify the emotions or the main characters present in the story. If it’s nonfiction, identify 3 new facts you learned about the topic of the book.</li> </ul>

	<ul style="list-style-type: none"> <li>● Keep practicing your “just right books”! Read to your pet or an adult, or maybe your sibling!</li> <li>● Imagine your perfect day. What are you doing? What’s the weather like? What will you have for breakfast, lunch and dinner? Who are you spending it with? Use details about this day and write about it! Draw a picture to go along with your writing!</li> <li>● Grab a pair dice and play Roll and Race to 100! You can play this game alone or with as many partners as you want! Take turns rolling the dice, add them together, and record what you got on a piece of paper. Add your new number from each roll to your record sheet. First one to 100 wins! Access Dreambox too if you have access to a device.</li> <li>● Explore <a href="http://www.BrainPop.com">www.BrainPop.com</a>, <a href="http://www.highlightskids.com">www.highlightskids.com</a>, <a href="http://www.seussville.com">www.seussville.com</a>, <a href="http://www.starfall.com">www.starfall.com</a>, <a href="http://www.kids.nationalgeographic.com">www.kids.nationalgeographic.com</a> with an adult! These websites have a lot of content that hits all academic subjects!</li> <li>● <a href="https://www.kennedy-center.org/education/mo-willems/">https://www.kennedy-center.org/education/mo-willems/</a> Mo Willems is offering a weekly lunchtime doodle on Mondays at 1:00 PM. Go to this site to watch it and draw along! You can also watch any of his previously recorded doodles. Youtube also offers some great drawing tutorials. Search for the Youtuber “Art For Kids Hub” to find all kinds of draw-along tutorials.</li> </ul>
<p><b>Ms. Godin</b> <b>Grades 3/4</b></p>	<p>~ Read for 30 to 40 minutes each day (with a parent, to a sibling, to grandparent.)</p> <p>~ Using a Deck of cards, take the face cards out, play addition or subtraction top-it or multiplication top-it. (you divide the cards between two people. Each person then turns over the top two cards and does the agreed upon operation. The one with the highest number takes all cards.</p> <p>~Keep a daily diary of what is happening around you, around the state, around the country, around the world.</p> <p>~ If you could travel to any state, where would it be? What’s there to see? Do? What is the state like? Include geographical information, foods that are native to the state (like maple syrup is to VT.)</p> <p>-Go on Schoology or SeeSaw for instructions on Dreambox, Epic, ReadWorks.org</p>

<p><b>Mrs. Palermo</b> <b>Grades 5/6</b></p>	<ul style="list-style-type: none"> <li>• Nature observations in their journals.</li> <li>• Reading at least 30 minutes per day- logging daily using reading log in Google doc provided by teacher- historical books provided.</li> <li>• Checking Schoology for weekly math maintenance.</li> </ul>
<p><b>Ms. Cardone</b> <b>Librarian / Academic Interventionist</b></p>	<p><b>Additional Literacy-Inspired Suggestions:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://classroommagazines.scholastic.com/support/learnathome.html">Scholastic</a>: Scholastic (<a href="https://classroommagazines.scholastic.com/support/learnathome.html">https://classroommagazines.scholastic.com/support/learnathome.html</a>) created the <b>Scholastic Learn at Home</b> website to provide students with approximately 20 days worth of learning journeys that span various content areas. Students get approximately three hours of learning opportunities per day, including projects based on articles and stories, virtual field trips, reading and geography challenges, and more.</li> <li>• <a href="https://www.katemessner.com/read-wonder-and-learn-favorite-authors-illustrators-share-resources-for-learning-anywhere-spring-2020/">Read, Wonder, and Learn</a>: (<a href="https://www.katemessner.com/read-wonder-and-learn-favorite-authors-illustrators-share-resources-for-learning-anywhere-spring-2020/">https://www.katemessner.com/read-wonder-and-learn-favorite-authors-illustrators-share-resources-for-learning-anywhere-spring-2020/</a>) Favorite authors and illustrators sharing parts of their books.</li> <li>• <a href="https://www.ryanandcraig.com/">Storytime with Ryan and Craig</a>: (<a href="https://www.ryanandcraig.com/">https://www.ryanandcraig.com/</a>) Read alouds with Ryan and Craig are wonderful and fun and engaging for K-2 students</li> <li>• <a href="https://www.youtube.com/watch?v=RmzjCPQv3y8&amp;feature=youtu.be">Lunch Doodles with Mo Willems</a> (<a href="https://www.youtube.com/watch?v=RmzjCPQv3y8&amp;feature=youtu.be">https://www.youtube.com/watch?v=RmzjCPQv3y8&amp;feature=youtu.be</a>) (Kennedy Center Artist in Residence) on YouTube</li> </ul>
<p><b>Mrs. Locke</b> <b>Instructional Coach</b></p>	<p><b>Additional Math and Science-Inspired Suggestions:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.dreambox.com/">Dreambox</a> <a href="https://www.dreambox.com/">https://www.dreambox.com/</a></li> <li>• <a href="https://funattic.com/dice-games/">Dice Games</a> <a href="https://funattic.com/dice-games/">https://funattic.com/dice-games/</a></li> <li>• <a href="https://www.scholastic.com/teachers/blog-posts/nancy-jang/">Math Games with Playing Cards</a> Scholastic resource with card games. <a href="https://www.scholastic.com/teachers/blog-posts/nancy-jang/">https://www.scholastic.com/teachers/blog-posts/nancy-jang/</a></li> </ul>

	<p><a href="#">2017/3-Quick-Math-Games-With-Playing-Cards/</a></p> <ul style="list-style-type: none"> <li>• <a href="#">More Math Activities with Playing Cards</a></li> </ul> <p>16 math games with cards.  <a href="https://www.weareteachers.com/math-card-games/">https://www.weareteachers.com/math-card-games/</a></p> <ul style="list-style-type: none"> <li>• <a href="#">A Month of Nature Learning</a></li> </ul> <p>A google doc from the Four Winds Nature Institute with a month of activities for families to do in nature.  <a href="https://docs.google.com/document/d/1IzfyIUzHIZvUwyKC3xpp_kgN16hYQLxteNLYFSusXY/edit">https://docs.google.com/document/d/1IzfyIUzHIZvUwyKC3xpp_kgN16hYQLxteNLYFSusXY/edit</a></p> <ul style="list-style-type: none"> <li>• <a href="#">Mystery Science</a></li> </ul> <p><a href="https://mysteryscience.com/school-closure-planning">https://mysteryscience.com/school-closure-planning</a></p>
<p><b>Ms. Coale School Counselor</b></p>	<p><b>Additional Social-Emotional Learning-Inspired Suggestions:</b></p> <p><b>PK-2nd Grade:</b></p> <p><b>Talking about Books</b>  Pick a book to read with your child. While reading ask the following questions to help build literacy skills as well as the skills taught in the Second Step Program:</p> <ul style="list-style-type: none"> <li>• What do you think is happening on this page?</li> <li>• How is this character feeling? How can you tell?<i>(Encourage your child to really look at the characters face and body)</i></li> <li>• Have you ever felt that way?</li> <li>• What do you think is going to happen?</li> <li>• If the character is feeling a strong feeling (sad, angry, frustrated, etc) ask your child: What could they do to calm down? <i>(Example: They could stop, name their feeling and take a deep breath to calm down)</i></li> </ul> <p><b><u>Imagine Neighborhood</u></b>  This new podcast for families of young children is designed to help children and their grown ups grow their social-emotional skills. Each episode tells a story that's amazing, fantastical, and maybe a little bananas, while it tackles the big feelings that come with growing up.</p> <p><b><u>Little Children, Big Challenges</u></b>  Committee for Children (the creators of Second Step) and Sesame Street have partnered to create a series of supports for young children facing</p>

significant challenges. This set of resources is aimed at building children's resilience.

**3rd-6th Grade:**

**Conversation Topics/Questions**

- Ask your child to describe a time when he or she was angry or upset. Together, talk about the kinds of good decisions your child can make the next time his or her emotions are that strong.
- Ask your child what it feels like to experience a strong emotion. Talk about how it's still possible to make good decisions even when feeling angry or upset.
- Ask your child to tell you the difference between thoughts and emotions and to describe what an unhelpful thought is. Talk with your child about what to do if an unhelpful thought gets stuck in his or her head.
- Talk to your child about what you do to calm down when you feel upset or angry. Ask your child about the things he or she can do to calm down when situations become difficult.
- Ask your child about difficult situations he or she might face, either at school or at home. Discuss using slow breathing to calm down and come up with a plan your child can use during these situations.
- Ask your child about what makes them feel anxious. Then ask them what happens to their body and mind when they feel anxious. Discuss what positive self-talk statements they can use in the situations they named initially when they feel anxious.

**Captain Compassion**

Games, comics, and resources students can do on their own or with their family to help learn about the power they have to help stop bullying and be a supportive bystander.

**PK-6th Grade:**

**Noticing the Positive**

With all the negative in the news and media it can be

	<p>easy to focus on the negative, increasing our stress and anxiety levels. Highlighting and identifying the positive things happening around us is a proven way to strengthen a child's positive self talk.</p> <p>Work with your child to become a positive statement detective! Create a list that can be added to over time, every time you or your child hears or does something positive write it down on the list. Positive examples can come from anywhere - TV programs, books, movies, between you and your child, between siblings and other relatives or between friends. Create a goal together with your child (Example: Try to notice 20 positive things by the end of the week), once you reach that goal on your list, plan a simple celebration with your child. Some celebration examples include:</p> <ul style="list-style-type: none"> <li>● Playing a game together</li> <li>● Making a meal or dessert together</li> <li>● Doing an art project</li> <li>● Watching a movie</li> </ul>
<p><b>Ms. Quarles Speech Therapist</b></p>	<p><b>Additional Language-Inspired Activities:</b></p> <ul style="list-style-type: none"> <li>● Choose books with rhyming stories. Read the same books several times.</li> <li>● Play "I Spy" by choosing something in the room and the child asks questions to figure out what it is.</li> <li>● Say tongue twisters together! Say "She sells seashells by the seashore" as fast as you can.</li> <li>● Be silly with your words. Flip your 2-syllable words. Call popcorn, "cornpop" for fun. Call your toothbrush "brushtooth." See what silly words your child can come up with.</li> </ul>
<p><b>Principal's Challenge: Mr. Dodge</b></p>	<ul style="list-style-type: none"> <li>● On Friday, have your child write Mr. Dodge an email (<a href="mailto:cdodge@fwsu.org">cdodge@fwsu.org</a>) letting him know how they have continued learning Wednesday through Friday this week. If internet access is not available, call my office and leave me a voicemail (849-6251 x32119). I will return all phone calls and emails!</li> </ul>